





Magazine 2021

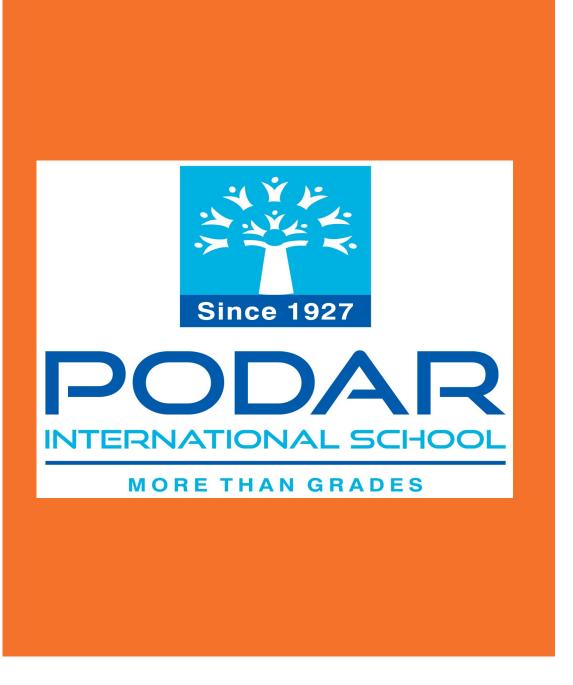
GNANA PUSHPAM

PODAR INTERNATIONAL SCHOOL MAGADI ROAD, CHIKKAKODIGEHALLI, BENGALURU - 560091





PODAR INTERNATIONAL SCHOOL MAGADI ROAD, BENGALURU







PODAR INTERNATIONAL SCHOOL

MAGADI ROAD, BENGALURU

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ACKNOWLEDGEMENT

We would like to express our sincere gratitude to our Beloved Principal Mrs. Gayatri V Irny for her able guidance and support and entrusting us with the responsibility of editing and getting the magazine 'Gnanapushpam' published.

We take this opportunity to thank our Computer teacher Mr. Sabarigirinathan, Art teacher Mr. Basana Gowda Patil and English teacher Mr. Manjunatha .D in assisting us technically to get it completed.

We are thankful to all our colleagues who rendered their excellent support to get it published. It is a fine thing to have ability but the ability to discover ability in others is the true test.

We heartily wish all the readers our best wishes and hope this small magazine will win your critical acclaim and prove itself to play a vital role in the all-round development of the children.



Welcome to the 5th edition of 'Gnana Pushpam' the annual e- school magazine of Podar International School, Magadi Road, Bengaluru. We are really proud and exuberant to acclaim that we are ready with all new hopes and confidence to bring out the 5th issue, which unfolds the unraveled world of the most unforgettable and precious moments of our school.

The magazine is to be viewed as a launch pad for the children's creative urges to blossom naturally. As the saying goes, 'Our mind is like parachute that works best when opened'. This humble initiative is to set the budding minds free allowing them to roam free in the realm of imagination and experience to create a world of beauty in words and pictures.

The enthusiastic write-ups of our young writers are sufficient to hold the interest and admiration of the readers. We are sure that the positive attitude, hard work, sustained efforts and innovative ideas exhibited by our young buddies will surely stir the mind of the readers and take them to the world of joy and pleasure. We have put in relentless efforts to bring excellence to this treasure trove.

The school is an incarnation of self-respect, love, affection, sensibility, responsibility and compassion which puts the students into a "State of flow" and makes them genuinely want to learn. We recognize, appreciate, applaud and foster the fine blend of sensibilities in a child, changing a negative outlook from drab to bright. The magazine also reveals the School spirit which is built up within the school through the collective actions, thoughts and aspirations. All these, I believe would bring higher growth and enterprise in children.

It gives me immense pleasure to ensure that this magazine has successfully accomplished its objective. The reflection of the students' creativity and achievements is the epitome of the magazine. Students have put forth their ideas and thoughts that are too deep to be expressed and too strong to be suppressed. This magazine is before you is the combined efforts of students, teachers and the principal.

- Chief Editor



PRINCIPAL'S MESSAGE

Dear Readers,

Podar International School, Magadi Road, Bengaluru is one of the leading schools in Bangalore imparting quality education. Our mission is to prepare students to face challenges of the 21st century with clear goals for individual students in mind.

The world today is moving at an unprecedented speed with new challenges coming its way every second of a day, we are aware that as educators we need to pause, think and reflect on the entire system of education. Are our schools well equipped to train students to face the challenges that the future holds? Questions of this type motivate us and steer us to design, plan and execute curricular programs to ensure that students who walk into the portals of our school not only love the school but become a responsible and proactive citizen of our country. It was Margret Mead who said that "Children must be taught how to think, not what to think".

"Educating the mind without educating the heart is no education at all" was said by Aristotle and we at our school believe in it. Our goal is to ensure that students develop an all rounded personality – physical, mental, social and aesthetic too. To develop aesthetic sensibilities the school provides opportunities, a platform to the students to express creatively by penning down their feelings.

The year 2019 was a difficult year indeed but the outcomes have been as they say of mixed feelings- happy and sad. Happy because we see that the students and the teachers have accepted the challenges of learning and teaching and molded themselves so beautifully, sad because it was difficult it did not come by easily. We are fortunate that we have a committed and a supportive Management, caring and cooperative Parents; dedicated and sincere teachers who have blended themselves in making this school a child centric school

We are proud that last year the school was able to release a book of poems exclusively written by students, here today on the 26th January 2021 we release our school magazine 'Gnana Pushpam' a mile stone that marks our growth, unfolds our imagination and gives life to our thoughts. It unleashes a wide spectrum of thoughts, stories, poems, articles, jokes.

I congratulate the editorial team for their sincere and hard work in publication of the school magazine.

Happy Reading to all,
Gayatri V
Principal



6

KNOWLEDGE CORNER

1) "DISCIPLINE" values 100%

Take, A=1, B=2, C=3.....Z=26

D = 4

I = 9

S = 19

C = 3

I = 9

P = 16

L = 12

I = 9

N = 14

E = 5

Total = 100

2) WHO USES WHAT

FIRE MAN = Hose FISHER MAN = Net BRICK LAYER = Plumb line ANNOUNCER = Microphone PAINTER = Palette SAILOR = Compass REFEREE = Whistle PHOTOGRAPHER = Camera MECHANIC = Spanner BLACK SMITH = Anvil

3) WHO IS HE?

SCHOLAR = Has studied a subject well

PROPHET = Foretells the future events

VEGETARIAN = Eats no meat

PHILATELIST = Collects Stamps

BANKRUPT = Cannot pay his debts

ORATOR = Makes good speeches

PATRIOT = Loves and Defend his Country

DICTATOR = Rules with full power

SPINSTER = An Unmarried Woman

MARTYR = Dies for a good Cause

KNOWLEDGE CORNER

4) WHERE DO THEY LIVE?

ESKIMOS = Igloo WILD RABBITS = Burrow NUNS = Convent CRIMINALS = Prison EAGLES – Eyrie ORPHANS = Orphanage TAME RABBITS= Hutch MONKS = Monastery SICK and INJURED = Hospital SHEEP = Fold

5) WHAT IS THIS SOUND?

CLAP of Hands
JINGLE of Coins
PEAL of Great Bells
RUSTLE of Dry Leaves
TICK of a Clock
BEAT of a Drum

SPLASH of Water CREAK of Hinges HUM of Bees HOOT of a Car Horn CLANG of Chains CRACK of a Whip

6) NAME THE PLACES

City of Seven hills = ROME

Cockpit of Europe = BELGIUM

City of Sky Scrapers = NEW YORK

Land of Rising Sun = JAPAN

Land of Midnight Sun = NORWAY

Forbidden City = LHASA

Island of Pearls = BAHRAIN

Play ground of Europe = SWITZERLAND

Land of Golden Fleece = AUSTRALIA

Gift of Nile = EGYPT

7) IN INDIA

Highest Peak = KANCHENJUNGA

Longest River = BRAHMAPUTRA

Largest Area = MADHYA PRADESH

Highest Gateway = BULAND DARWAJA

Heaviest Rainfall = CHIRAPUNJI

Highest Tower = QUTUB MINAR

Largest Dome = GOL GUMBAZ

Largest Mosque = JAMA MASJID

Largest Desert = THAR

KNOWLEDGE CORNER

8) BEHIND NAMES

CISCO

It is the Short form of San Francisco

COMPAQ

This name was formed by using COM for Computer and PAQ to denote a small integral object

COREL

The name was designed from the founder's name Dr.Michael Cowpland. It stands for CO wpland Research Laboratory.

GOOGLE

The name started as a jockey boast about the amount of information the search-engine would be able to search. It was originally named 'GOOGOL' a word for the number represented by 1 followed by 100 zeros.

ADOBE

The name came from the Adobe creek that ran behind the house of founder John Warnock

HP

Bill Hewlett and Dane Packard tossed a coin to decide whether the company they founded would be called Hewlett Packard

INTEL

An acronym of Integrated Electronics

JAVA

Originally called Oak by James Gosling, for the tree that stood outside his window, the programming team wanted a substitute as there was another language with the same name. Java came from the name of the coffee in Jamaican language, that the programmers drank.

APACHE

Apache got its name because its founders were applying patches to code written for NCSA's httpd daemon. The result was 'APA+CHy' server - thus, the name Apache.

YAHOO

The word was coined by Jonathan Swift and used in his book "Gulliver's Travels". It represents a person who is repulsive in appearance and action and is barely human. Yahoo!

WIPRO

The company which started in western India, originally produced vegetable oils. The name stands for western Indian oil Products.

TIME FOR FUN

9) A Joke

SON: Dad, be happy, we are becoming rich on next Saturday.

Dad: How is it possible?

SON: Dad, on next Saturday our teacher will teach us how to convert paise

into Rupees.

10) A Joke

TEACHER: Name a Carnivore

BIMBA: A Lion

TEACHER: Good! Name another

BIMBA: Another Lion.



1. MOTHER ALONG

You are on my side Showing your love so wide As far as you are along I know I would never Be shown wrong

You turned as my sunshine From which I call you mine You filled my days with rainbow lights 3. I love you my sweet Brother... And your lullaby songs In the sweet dream nights The gift you gave was life to me And then your love which set me free I should be thankful for your tender care And your deep hugs to wipe my tears there I hope, when you look And think of me A part of you You shall always see

Math / EVS teacher

By - Toufig M Mattihalli

2. Thank you.. Teachers

A teacher is like a key Who unlock the students' mind You are a guide who molds our mind You are kind You are like a shepherd Who guides the sheep To the right path You teachers turn the pages Of the great books

You train us well To reach great heights Thank you, teachers For all you have done In the group of many You are one.

> By - Monisha VIII grade



To my Brother... Happy memories of childhood Sweet nostalgia of my teens With you by my side The best of life I have seen So much happiness I owe to you, Dear bro... I am indebted to you for life Is what I want you to know..

Brothers are so special In a really unique way You from a bond with them No matter come what made...

Brothers have a special way Of making you feel at rest; And to have you as a bro.. I know that I am blessed... You are important in my life... I love you my sweet brothers...

> By - Ashithi A **Grade VI Rose**





4. I love you my sweet sisters...

A sister that as sweet as you How lucky can I be And so its time for me to say, You mean so much to me...

I will treasure all the memories Of growing up with you For sister from a lasting bond That's tested, tried and true

Dear sister you will always be Important in my life.
I love you my sweet sister..

By - Ashithi A VI Rose



5. My school

Stars are many but the moon is one Gems are many but pearl is one My friends are many but my best friend is one

The Rays are many but the Sun is one Countries are many but India is one States are many but the country is One Schools are many but my school Podar is the best one!!!

By - Vismaya VIII Std

6. Teacher

The time spent in the school is the best It teaches us to face life and all its tests

Teacher showers us with knowledge we need

We can learn all if we pay heed.

The future of the nation is built by teachers

School is a temple and they are like preachers.

Parents away from house but there are teachers make us whatever we are We must respect our teacher without whom we are like dust.

By - Thanushree IV Lotus

7. My homework

Homework! Oh! Homework!
I hate you! You stink!
I wish I could wash you away in the sink
If only a bomb
Would explode you to hit
Homework! On, Homework!
I hate you! You stink.

Homework! Oh! Homework!
You are last on my list,
I simply can't see
Why do you even exist?
If you just disapproved
It would tickle me red
Homework! Oh!!, homework!
I hate you! You think.

By - Vidhi Soni VIII Grade



8. Mathematics

Maths is full of fun
With so much to learn
Profits are added
While losses are subtstracted
Degrees are multiplied
And percentage is divided
Geometry is full of mysteries
Algebra has a big history!!

Integers are different has friends
Sines are parallel
Angels are similar
Maths is necessary in life
Without it, it is difficult to survive.

By - Vidhi Soni VIII Std



9. I salute my flag

I salute my flag
It makes me proud
I say out loud
Three bright colours
Adorn my flag
Saffron, white and green
Makes me glad
The Ashoka chakra blue on white
Spins for progress
Flying high...

By - Mishri Grade V



10. Beautiful flower

Two flowers, two flowers Were happy one day, One was chinnu Another was Munnu
They both were best friends
The flower Chinnu got hurt
Flower Munnu helped Chinnu.
The flower Chinnu thanked Munnu.

By - Dishitha Grade V



11. Flowers

Flowers, flowers my favourite flowers
They are in red, pink and orange
Flowers, flowers my favourite flowers
The bees like to sit on you
Flowers, flowers my favourite flowers
You grow on plants and trees.

By - Darsith Grade V

12. Friendship

Friends we are,
Forever we will be,
You are right beside me,
I hope we stay friends
Till the end of time
And whenever that is
Our friendship will still shine,
You mean the world to me
I hope the same with you
You are always helping me
Whatever it takes you will do
So to every one of my friends
You mean the world to me
Friends we are, forever we will be.

By - Rachana K M Grade VI Rose





13. My magnificent Moon

The radiant disk of pearly white when it is
That I see from my room at night New mod
Holes and craters cover its surface sky
Making me realize nothing is perfect Moon.. m
When feeling low it hides and but during day,

The sight is gay

Sometimes, it turns the colour of rest If you like it too, the sights must I sit in my room during a noon in June Very soon

I will see it bloom My magnificent moon.

> By - Rachana K M Grade VI Rose



14. My mother.....

My mother cooks tasty food
The food is so tasty
She helps me to do homework
She is so sweet and cute like doll
She cares me for everything
She helps me in math very well
She herself is a teacher
She will buy me whatever I want
She is a goddess for me
The God has given a good mother for me.

By - Dishitha P Grade V

15.The moon

The moon you are beautiful moon, When the full moon day comes, you

Will be the most beautiful moon, when it is

New moon day you are invisible in the sky

Moon.. moon you are the most beautiful moon

By - Ritu Suresh Grade V

16. Trees

Tree tree all around us Giving air, giving shade and many things

A nest of Robins in her hair
Upon whose bosom snow has lain
Who intimately lives with rain
A tree that looks at god all day
Spreads out its arms to pray
Poems are written by fool like me
But only god can make a tree..

By - Mishri A Grade V

17. The cow and the flies

I ate my dinner at eight o clock and I went to bed.

I had a dream where
I heard a herd of cow moo
They waved their tails
And told some tales
Of flies that they blew
Some flies were red
Some were green
And some were bright blue
Some flies were big, and some were small



Can you guess the sum of all? Who blew one? Who blew many? How will we know at all? One cow won against them all No matter how big or small Do you know which one won? No I have no clue at all!

> By - Adya Pai **Grade VI Lotus**

18. Clouds

We get rain from clouds There are billions of clouds And we can see them There are big clouds and small clouds Who is she who is marvelous And there are different types of clouds

They are white and joined together Clouds are in different places Clouds are very high

> By - Pruthvi Raj **Grade V**

19. Number Rhyme

One and two I went to the zoo Three and four The birds were more Five and six The animals were in fix Seven and eight The parrot was quiet Nine and ten The lion was in the den. By - Madhumitha N S



20. Mother

Who is she who gave me birth Who is she who tells me truth Who is she who care for me Who is she who shares with me her good experience She is my mother.

Who is she the greatest god Who is she who thinks about me lord Who is she who loves me Who is she who correct my mistakes She is my mother.

Who is she who worries about me in possessive manner Who is she who is very great She is my mother

> By - Impana Divakar **Grade VII Rose**

21. Father

Who is my First Hero Who does every thing for me Who is that men when I saw him for the First time My dear Pappa

My Father is the Hero of my Family My Father who earns money for my **Family** My Family love my Father because he's a truthful person My dear Pappa

My Hero smiles for everything
But he never showed his problem
My Hero is my Father
My dear Pappa

By - Impana Divakar Grade VII Rose



22. Puppy in my house

There is a puppy in my house
It will move here and there and
bounce
It will mute it's sound when it will see

It will mute it's sound when it will see a stick

But it's very cute puppy to me There is a puppy in my house

It's very very naughty
It's very very sweetie
It's a marvelous doggy to me
At the same time it's mischievous doggy too
There is a puppy in my house

And stop
This Worl
So let's jo
Warming,
Let's stop
ing seeds.

My lucky doggy is very brilliant
My naughty doggy has very talent
My doggy have more possessiveness
Because, my doggy is very impressive
There is a puppy in my house.

By - Impana Divaka Grade VII Rose



23. OUR MOTHER EARTH

Oh! why on earth is it so hot?
It feels like we're in a boiling pot!
The greedy man is so great,
That we have had to resign to our fate!

The reason for this is nothing but Global Warming!

The end of this World is now slowly forming.

Because of us this has come to pass, Because of us the World leaders amass!

But don't fret yet; there's still hope left,

If we stop this need for fame,
And stop releasing methane,
This World might be able to sustain!
So let's join hands and fight Global
Warming,

Let's stop falling trees and start sowing seeds.

And let's encourage recycling paper, cans and plastic,

Our World is sure to become a better place and spastic free!

So, here's to a cleaner and healthier Planet – Our Mother EARTH!

By - Naman AU Grade X



24. My Life

My precious life, I live each day
I work so hard, and try to play.
A simple, meaningful conversation,
Leads to joy, and true sensation
Occasionally confronted, with a struggle

Countless emotions, simultaneously juggle.

Sometimes I win, sometimes I fail.

No matter what, there's always a tale.

From my life. I'll never hide,

Loving the journey, with every stride.

Wherever I go, one thing I'll take.

Smile of joy, each day that I wake.

By - Harshith A U Grade Vii Rose



25. MY NEST

It was a day of fear at first
But, I had no choice because it was a
must

It seemed to me as if to face a test And now I am one among the rest As days passed love covered me like a mist

Since then, life each day is celebrated like a fest

A second thought warned me not to be a pest

And yet, in love and war everything is fair and just

Surely it was free from all the lust

I anchored on God to lead me to the best

I was blindfolded in love, that I could see the "Sun rises in the west" He always encouraged me saying, I am the best

There were days when things went wrong like polluted dust

But, I am the went past us teaching each other to trust

I sometimes feared the future and held his fist

But, he said "fear not", because he was not my guest

I realized, I have a person to lean on at last

In content I whispered in his ears "yes I have found My Nest".

By - Neelam Sharma English teacher





BRAIN YEASERS

- 1. What gets wetter when it dries? -Towel
- 2. It is red, when we pour water it is dead? - Fire
- 3. Which word in the dictionary is spelt incorrectly? - Incorrectly
- 4. What sits in a corner and travels all around the world? - Stamp
- 5. What are strawberries when they are sad? - Blueberries
- 6. A father's child, mother's child yet no one's son? - Daughter
- 7. What word begins and end with 'e' but only has one letter? - Envelope
- 8. In which flower no honey bee comes? - Cauliflower
- 9. Which is the biggest pan in the world? - Japan

- 11. Something you can catch but never throw? - Cold
- 12. A swimming pool in a white room of a green hotel? - Coconut
- 13. Which English alphabet is wet? C
- 14. What is the thing we cannot eat in breakfast? - Lunch and dinner
- 15. Why letter B is very cool? -It is between A and C
- 16. Which is the laziest mountain in the world? - Mount Everest(ever rest)
- 17. Why did the boy throw the butter out of the window? - Because he wanted to see a butter fly
- 18. Which is the favorite subject of snake? - Hissssssssssstory
- 19. Which is the city where you cannot enter? - Electricity
- 20. What type of a tree does a Mathe-10. Which is the longest rope? - Europe matics teacher climb? - Geometry

Riddles By - Falak Gupta **Grade V**



THE MAGIC OF SOLAR ENERGY

Once upon a time, there lived a farmer named Divakar. He had a big agricultural land for cultivation. Every morning, he used to go to the farm and come back in the evening. He had a son named Raju. He used to go to a near-by school for his education. On weekends he would go with his father to the farm to help him in his work.

One day when Raju had gone with his father to the farm he got to know that there was lack of water for growing the crops. They used to get water from the bore well which was connected to an electric pump. They would utilise water from the pump. There used to be always power cut in the village that is, only once in a week they used to get electricity which was not enough. All the farmers were storing water in a tank and using it, which was not enough for cultivation. So, Raju found that there was a great difficulty for the farmers. Once Raju's teacher taught him about solar energy. At that moment he understood that solar energy is obtained from sunlight. It is used as electricity in different places. As soon as he understood this he got an idea in his mind to save the farmers and villagers from scarcity of water. He told his idea to his father. His father was very happy with his idea and told it to all the farmers in the village. Divakar called two people from the village to fix a solar panel, which should be connected to the electric pump. After few days the solar panel was connected to the pump and fixed to a small shed. There was happiness and smile on the face of the farmers. One by one, all the farmers tried it. They all thanked the teacher as well as Raju for the wonderful idea.

Raju was very glad. Everyone in the village lived a happy and healthy life ever after because of the good crops grown there.

MORAL—Always be happy and keep others also happy Always help and care for others...

By - Meenakshi A N Grade VIII

THE LITTLE BOY RACER

In a village there was a happy couple but one night the man died because of severe cancer. The woman was very sad. Few days after his death something weird happened in the house. One fine evening, it became dark, a light entered his house, someone knocked on the door, when the widow opened the door, a man appeared who resembled her dead husband. The man gave the woman a baby and said, "Now onwards you are the mother of this baby". Saying so he vanished. Then everything became normal. The woman had many questions to ask however she looked at the baby boy, it was very cute, she raised the baby like his real mother, by taking good care of the baby. She named him Ussan bolt. As he grew up, he went to school. He was the topper in his class. He was also the fastest runner in the entire school. The school's principal thought of sending him to a running race competition when Ussan was studying in 7th standard. Eventually, he was encouraged to take part in other competitions were held in different parts of the county. Ussan's mother overjoyed to see her step son's popularity. Then he went to other running competitions and he won 1st prize in all the competitions. Then he became an adult. He became an International racer. His name became symbolic for running race. He shifted to city with his mother. He earned respect, name and fame and became rich as well. Now he lived in a big mansion with his mother having a good circle of friends and fans.



By - Jayanth Rao Grade VII



A GLASS OF MILK

Once upon a time there lived a young boy who was very poor. He did odd jobs to be able to buy his daily food and went to school. One day, after school hours he was very hungry. He said, "I don't have money today and I have no job lined up till the night. Maybe I should just have some water to fill my belly". So the boy decided to ask one of his neighbours for a glass of water. He knocked on the first door. A young girl opened the door. He requested the girl earnestly if she could serve him a glass of water as he was terribly thirsty. The girl being a kind understood the boy's condition. She immediately went in and came out with a glass of milk. The boy was indeed delighted and filled with gratitude towards girl. He said he didn't have money to pay for milk. She replied not to pay for it. He quenched his thirsty with the milk served him and thanked her and went from there. Yeas passed, now the girl had grown into a woman. She fell seriously ill and was shifted to the hospital. The test revealed that she had a rare kind of sickness that would need great care for many months in hospital. Dr. Philip was assigned to her treat her. Seeing her anxious and worried, he pacified her not to worry and promised her that he would help her to get rid of her sickness. He took best care of her. He made it a point to visit her daily and sat next to her bed and talked to her to make her feel comfort. After six months of intensive treatment in the hospital the woman was finally well and could go home. But she was worried so she called the nurse to the room and told her that "I am healthy now, but I am worried. It's time for me to pay the hospital bill, but I am afraid that I won't have enough to do so" The nurse with the smile relived her by telling "Oh! You don't need to worry about it as your bill is already paid". She exclaimed and said, "What? By whom?" She said to her "Have a look at it yourself. " the girl was astonished, the bill was cancelled across and in big bold letters it was written "PAID FULLY YEARS AGO WITHA A GLASS OF MILK." It was signed by Dr. Philips! The girl couldn't believe her luck. Dr. Philips was the young boy whom she had helped many years ago. Today he became her savior and helper.

> By - NISHCHITHA Grade VII



Value of Family V/S Value of Money

There was a village named Marwal. It was a very big and beautiful village. In the center of the village there was a huge bungalow. A rich man named Harish lived in the bungalow with his wife, Ankitha. They had built it a year of their marriage. After two years, Ankitha gave birth to a child. They named the child as Aishwarya because of her beautiful eyes and her round face. After few years, Harish got a job. Everyday he would return home at 10:00 pm. Somedays he used to come back during midnight. He use to work during holidays also. His wife and his daughter always ask him to take them for a picnic or a trip. But he always refuses to do so and goes for his job. He spends his whole life to earn wealth. One day when he was getting ready to go for his job, he felt like there was some problem with him. He was feeling tired. He was not able to stand. Ankitha got to know about this and called the doctor. The doctor told that Harish was in a serious condition. It was the angel of death...

All this problem was because of his sleepless nights. Then for almost 7 days he was in bed. On the 8th day he died. Then his body was buried under the ground. After some time a small light appeared near Harish's body which only he was able to see. After some time the angel allowed Harish to talk. He requested the angel for one more life. But the angel did not agree to him. He then pleased and requested for a life just for 1 hour. After requesting for so much time, The angel agreed to give him a life. But the life was only for 1 minute. In that one minute, Harish wrote a note on a paper which was – 'Money can't buy you everything!! ' It means that Harish had spent his whole life to earn wealth without giving any happiness to his family. What did he get from all this? He just lost everything. He lost his happiness and his life. He also lost his family.

Moral :- Never waste your time running behind money... Be happy with whatever you have...

By - Meenakshi A N Grade VIII



By Grade 10 Teachers

Board examination is just around the corner. Have too much to read and very less time? Do Stress and pressure taking a toll? Here are ten exam preparation tips that'll come handy.

Preparing for an exam can be stressful at times when we have a lot to study but less duration.

Some students follow proper study plan and so are able to complete studying & learning while some who do not follow a proper study plan end up doing miserably in the exam.

Strategize and plan your study

Before sitting down to pick up a book and start studying, create a study plan. It will not only help one maintaining a proper study schedule but also get a clearer sight of what needs to be done and when. List down the name of the subjects and topics, sort out the priorities of studying each subject, chart out number of days before the exam and assign to each subject strategically, frame the study hours per day, breaks, etc. that will be convenient for self. Following a study plan will automatically guide one saving great amount of time and energy that would have instead been wasted unknowingly worrying and panicking.

By Grade 10 Teachers

Organize the study space

We are able to focus and study at our best when we are in a pleasant and comfortable environment. Find the best spot in the house where there is better light, fresh air and is silent. Spaces with least distraction are the most appropriate space for quality studying. Turn off the mobile phone or keep in flight mode while studying. Make use of mobile or any other gadgets only to assist you with information essential for study. Different people have different preferences for studying behaviors. While some may prefer sitting on a chair and reading on the table, while others may prefer to lie down or walk holding the book while studying. So, figure out the best method and space that suits best and organize accordingly.

Take regular breaks

Human brain functions the best when it is given breaks periodically. Researchers have proven that studying for short intervals with regular breaks are more efficient than doing it for long hours without breaks. Forcing ourselves to study when our mind is sleepy or not active can only make it more exhausted. So, take breaks regularly, go for a brief walk, meditate for five or ten minutes or close your eyes or look away in distance to rest the eyes and the mind.

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Follow a healthy diet

Good food habit always results in better health, thus more energy. Avoid eating unhealthy foods, instead increase the intake of fresh and nutritious foods to avoid unnatural sleepiness, fatigue or sickness. Drink plenty of water to keep the body properly hydrated. Consuming nuts, yoghurt and seeds can help in retaining better concentration and memory.

Maintain a proper sleep time

During sleep human mind and body rest completely to regain energy and strength by completing the daily metabolism cycle. A good sleep of 8 hours is recommended by health experts. Some people may prefer to study late at night, some may prefer early in the morning, so check which time of the day suits best, schedule and maintain a proper sleep routine.

Start your revision early

You need to give yourself enough time to review everything that you have studied, and make sure that you understand it (or to read round the subject or ask for help if you are struggling). Consult the concerned teachers to get your doubts and queries answered. Last minute cramming is much less productive. Ideally, review each subject as you go, and make sure that you understand it fully as this will make revision much easier. Ultimately, the best tip is to study hard and know your subject, and starting early is the best way to achieve this.

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Variety is the spice of life, and it certainly helps to improve your studying

Always doing the same thing, for example, reading over your notes on a subject, is likely to be quite dull. Spice up your revision period by trying different exercises and techniques. Alternatives to reading your notes over include:

- i) Doing practice papers and questions to test your understanding.
- li) Drawing mind maps or other summary diagrams to test what you can remember, and then checking them against your notes. Notice where you have left out detail, or there are gaps, and go back and review those areas; and
- lii) Organizing a discussion group with some friends virtually, to consider a particular issue or area.

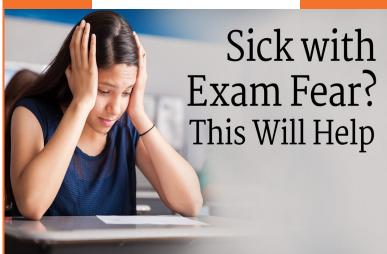
Know your exam

Make sure that you have looked at past papers. You can check with your subject teachers to get model question papers for reference. This will ensure that you are prepared for the type of exam you will be sitting, whether multiple choice, short answer or essay. Know what you are expected to do: for example, how many questions from each section will you have to answer? Of course, you still have to read the instructions on the paper itself, and make sure that they are the same, but this will help you to feel comfortable with what will be expected

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Revise again

Revision is a must for anyone appearing any examination. Whether it is a week before the exam or day before, it will help one absorb the already studied information in a more detailed manner. Jot down everything you read for recollecting form your memory. There are two advantages by this. One, speed of writing increases. Second, it refreshes your memory.



Plan the day of exam

Planning the exam a day ahead will make everything easier on the actual exam day. Getting all the information and requirement of the examination in advance is mandatory. Make sure to have a good night sleep before the exam day. On the day of the examination, get up early in the morning, drink good amount of water and eat light nutritious food to avoid drowsiness, sort out and carry all the required stationery items, plan your journey and start off a little early to avoid last-minute races. Travel with a companion who is punctual, it will make one feel more positive energy

PANTINGS



Painting By - Varidhi - Grade IV Rose

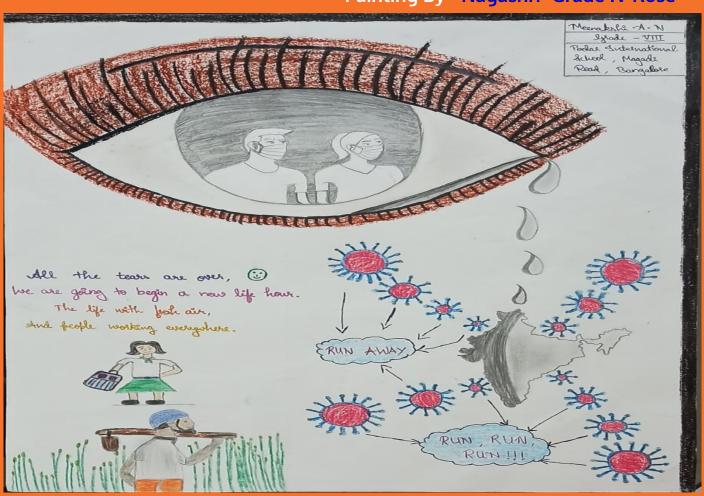


Painting By - Saakshi Nayak- Grade V Rose

PANTINGS



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PANTINGS



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Corona - A Paradigm shift

Corona or covid-19, has been a turning point in the course of civilization of human race. Corona surpasses all the confinements created by the human race. Corona does not respect the class, race, any of such parameters. Corona does not follow any nationality; it does not adhere to any religious things, it surpasses everything. Corona has been challenging the human race as a whole. We humans were so proud of our discoveries and inventions. At a time when we believed we, the humans are the super powers; nature hits us with corona. The human race is still divided into its narrow and prejudiced thought pattern. We still limit our thinking through the glasses we look through. The glasses of class, creed, religion, nationality; etc. The politician is looking at this situation to get maximum mileage in their political career. The religious leaders are giving their own interpretation on this issue. The nations are looking it as a bio-weapon. Whatever the perspective is, but ultimately who is suffering the most. We need to question, who is more vulnerable to the corona. Is the policies and perspectives of our political and spiritual leaders to reach out to the vulnerable and marginalized are questionable.

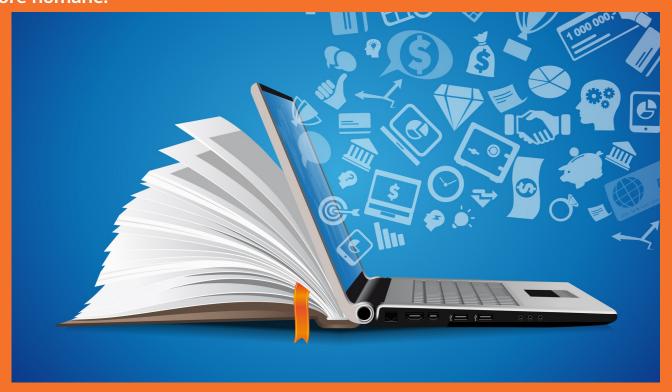
Many of the educationist are busy providing online classes and collecting the pending fees. Most of the institutions are planning out how can they collect the fees. As an educationist is it not the time to take a paradigm shift in our approach and take a stepping stone towards value-based education. When there is uncertainty hovering over us, we still are busy thinking about acquiring marks. The rich corporate schools are rushing to complete syllabus and final exams preparation have already started. The government is promoting online classes but what about vulnerable group of people.





Corona - A Paradigm shift

Generation after generation our human race is growing in terms of intellect; but are we growing at the same pace with our human instincts. Human intellectual development cannot be taken for granted as the human emotional development. We have become cocoons when it comes to exhibit our human nature. Our education has made us something else. Let our education make us more humane.



I don't have an answer to many of my own questions, but going by my gut feeling I think the society as a whole need to be sensitive to the needs of the nature. We need to rediscover human essence which we have lost over the centuries by our extra ordinary expeditions to prove ourselves as the super power. The focus needs to be shifted to the margins.





Mr. Lijo Placid Social Teacher



Wishing for Success

Staff & Management wishes all the success for present Grade-10 batch in their exams























































Annual day with the theme— "Nrithya Tharang"









We showcased our 3D Printing models grade wise









We ensure that our students learn with integrated theme



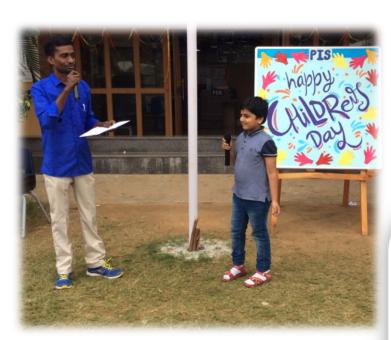


We provide the gateway to achieve in competitive exams





We focus on celebration of occasions to make our students feel happy











Our students cast their vote to select their cabinet members



Not only in academics, we support our students to achieve in sports also

We secured Runners position in Dodge ball game, which was an inter school event in the year - 2020

Team work divides the task and multiplies the success......



Team work always makes the Dream work













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FOLLOW OUR SOCIAL MEDIA AT:









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